

**BOLD Community Pool
Level 3 Swimming Lessons
(Grades 2-5)**

Students wanting to take lessons during the school year here is your opportunity!!

Level 3: Stroke Development

The purpose of this course is to stroke development. Learning the fundamentals of different strokes. L3 offers an introduction to the elementary backstroke, increased endurance on the front crawl and the kicking action for the butterfly. Students will also begin to learn how to tread water effectively as well. The beginning stages of diving will also be taught.

No. Of Sessions: 8

**Days & Dates: Monday and Wednesday
February 5, 7, 12, 14, 19, 21, 26 and 28**

Time: 5:00pm-5:45pm

**Location: BOLD Community Pool
Fee: \$65.00**

Instructor: Marisa Kroells

We need a minimum of 4 registered to hold the class. Deadline: Friday, January 26, 2018

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REGISTRATION FORM

Student's Name _____ **Grade** _____

Parent's Name _____ **Address** _____

Cell Phone # _____ **Work/Home Phone #** _____

Email Address: _____

I hereby acknowledge the health of my child to be ready for this activity, give permission for him/her to participate, and authorize the instructors of the activities to secure emergency aid when deemed necessary and waive and release BOLD Community Pool and the Instructor from any liability.

Parent or Legal Guardian Signature

Date

Please return the registration form and fee to your classroom teacher by January 23, 2018. Registrations will be handled through the BOLD Community Pool. If you have questions, please contact Pool Coordinator Tracey Johnson at 320-523-1031 ext 3152 or tracey.johnson@bold.k12.mn.us.